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| **DESCRIPTIVE STATEMENTS OF COMPETENCIES** |

Instructions for Students:

* Read over each of these descriptive statements carefully.
* Think about things that you do well, and those that you would like to change. Use the line to indicate ‘How much’ you changed or use your own system/method for each statement.
* Use an ‘Ο’ or ‘1’ to indicate your first assessment – before you start your project.
* Use a ‘Δ’ or ‘2’ to indicate your second assessment; Use an ‘Χ’ or ‘3’ to indicate your final assessment
* If you didn’t grow/change in an area write a plan for how you will grow. (alternative to evidence for no-growth)

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| **COMMUNICATION** | How do I see myself? |
| I effectively communicate my thoughts and ideas in a variety of settings (places) |  ------------------------ none a lot |
| I effectively communicate using a variety of methods (spoken, written, gestures, etc.) |  ------------------------ none a lot |
| I make positive contributions to lessons, discussions and group work |  ------------------------ none a lot |
| I engage respectfully in dialogue with others (re: ideas, opinions, values, traditions) |  ------------------------ none a lot |
| I work successfully as a partner and as part of a team |  ------------------------ none a lot |
| Show evidence of change/growth for any one of the above Communication areas. |
| Show evidence of change/growth for a second Communication area. |

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| **SOCIAL RESPONSIBILITY** | How do I see myself? |
| I make a positive contribution to the classroom and community |  ------------------------ none a lot |
| I demonstrate respect for others  |  ------------------------ none a lot |
| I work with others to resolve conflicts and cultivate strong relationships |  ------------------------ none a lot |
| I share an equal amount of work in group and partner activities |  ------------------------ none a lot |
| Show evidence of change/growth for any one of the above Social Responsibility areas. |
| Show evidence of change/growth for a second Social Responsibility area. |

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| **CRITICAL THINKING** | How do I see myself? |
| I demonstrate curiosity about a large variety of topics |  ------------------------ none a lot |
| I find and use a variety of resources when looking for information and answers |  ------------------------ none a lot |
| I analyze and evaluate facts, information, ideas and solutions |  ------------------------ none a lot |
| I make reasoned judgments and decisions to develop my personal point of view |  ------------------------ none a lot |
| Show evidence of change/growth for any one of the above Critical Thinking areas. |
| Show evidence of change/growth for a second Critical Thinking area. |

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| **CREATIVE THINKING AND INNOVATION** | How do I see myself? |
| I demonstrate flexibility and creativity |  ------------------------ none a lot |
| I think beyond the obvious and generate innovate ideas |  ------------------------ none a lot |
| I use knowledge and creativity to generate ideas and solve problems |  ------------------------ none a lot |
| Show evidence of change/growth for any one of the above Creative Thinking areas. |
| Show evidence of change/growth for a second Creative Thinking area. |

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| **PERSONAL RESPONSIBILITY** | How do I see myself? |
| I show enthusiasm and motivation for learning across many subjects |  ------------------------ none a lot |
| I consistently strive to improve and I challenge myself; I set goals and work hard to achieve them |  ------------------------ none a lot |
| I take responsibility for my attitude, actions, words and work |  ------------------------ none a lot |
| I know how to ask for help and information, and seek assistance when needed |  ------------------------ none a lot |
| I can advocate for myself and my ideas; I use my voice |  ------------------------ none a lot |
| I produce work that demonstrates effort, care, and shows evidence of learning |  ------------------------ none a lot |
| I show maturity and responsibility by making healthy, safe and wise choices |  ------------------------ none a lot |
| Show evidence of change/growth for any one of the above Personal Responsibility areas. |
| Show evidence of change/growth for a second Personal Responsibility area. |

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| **PERSONAL IDENTITY & AWARENESS** | How do I see myself? |
| I am proud of who I am. |  ------------------------ none a lot |
| I feel confident and comfortable around others. |  ------------------------ none a lot |
| I feel comfortable sharing my ideas with others. |  ------------------------ none a lot |
| I can identify my personal strengths and areas to grow. |  ------------------------ none a lot |
| Show evidence of change/growth for any one of the above Personal Identity areas. |
| Show evidence of change/growth for a second Personal Identity area. |
| **PERSONAL IMPACT & OTHER AREAS OF GROWTH** | How do I see myself? |
| How has this project changed you as a person? |   |
| Are there any specific skills that you feel you have greatly improved? (video editing, drawing, music, etc.) |  |
| Are there any other ways you feel that you have grown or changed a lot? |  |
| Create your own question. |  |
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