* Hi All,

Well, in the spirit of sharing, I will share my goal/reflection process.

At the end of each day's work, I have the students (in their groups), answer the following 4 questions.

1. What did you accomplish today?
2. What did your group do well?
3. What do you need to improve for next time?
4. What is your goal for next session?

I have shortened these questions to:
Did?
Did well?
Improve?
Goal?

I used to have the goal session at the beginning of each day's time, however, I noticed that it was easier to set a goal at the end of the session when everything is fresh in your mind, as opposed to at the beginning of the next session.